



Tools For Action

A sample of physical education initiatives in Wisconsin

Walk to School Program, All School Walk, One mile Family night walk

Contact Information

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Title of Main Contact
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Program Information

Program Name
Walk to School Program, All School Walk, One mile Family night walk
Program Category
Activities done outside of PE class time for additional credit
Grade Level
K-2; 3-5
Assessment Method
Impact on knowledge and or attitudes (test scores); Participation rates (number of students involved); Impact on behavior (increase in active minutes or miles walked)

Program Information

Products Developed or Materials Used:

Program Description:

Self-explanatory

A Wisconsin Physical Education Program

For information on other **Physical Education Best Practices**, visit the website at:
<http://dev.dhfs.wisconsin.gov/health/physicalactivity/PEhome/> or contact Jon Hisgen at jon.hisgen@dpi.state.wi.us

For information on how your school could become a **Governor's Healthy School Award** winner, visit the website at:
<http://www.schoolhealthaward.wi.gov/> or contact Brian Weaver at brian.weaver@dpi.state.wi.us

For more information on nutrition and physical activity, visit the **Wisconsin Nutrition & Physical Activity Program's website** at:
<http://dhfs.wisconsin.gov/health/physicalactivity/>
or contact staff at: Meineam@dhfs.state.wi.us (Amy Meinen, Nutrition Coordinator)
Morgajq@dhfs.state.wi.us (Jon Morgan, Physical Activity Coordinator)
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